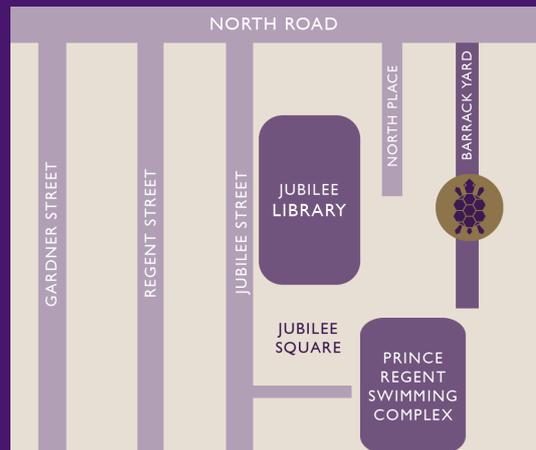




WELLBEING

HOW TO FIND US DIRECTIONS TO OUR BRIGHTON GRAND STUDIO



Address

Purple Turtle Wellbeing is set in the heart of central Brighton's North Laine and is situated in the Old Slipper Baths, in a mews just off North Road. The Old Slipper Baths is a building of amazing historical significance, founded in the 1870's as a communal bath serving the city bathers until 1976. Now a Holistic Wellbeing centre, Purple Turtle are continuing the tradition of healing, cleansing and caring for the community of Brighton. Our beautiful Grand Studio has been lovingly restored and is host to classes, workshops and courses.

By Bus

A number of Brighton and Hove buses run through Churchill Square in Brighton town centre and down North Street. Embark at the Royal Pavilion and it is a 2 minute walk through the Pavilion gardens then through the alleyway next to Cote, past the Prince Regent and go right and we are the building next to the playground. Or from North Street go along New Road, cross and walk down Jubilee Street, at Jubilee Square go behind Pizza Express, left past the Prince Regent and we are the building in front of you.

By Train

The nearest train station is Brighton which is a 5 minute walk away, head south from the station along Queens Road and take the second left at the traffic lights down North Road. Follow North Road past Infinity foods and take a right turn through the arch with the Estate agents on either side where you see the brown sign for Prince Regent Leisure Centre, we are the building on your left and the Grand Studio is situated on the first floor.

By Car

There is no parking available at the venue. The nearest local car parks are London Road car park at BN1 4GE, Trafalgar Street car park at BN1 4DY or The Lanes car park at BN1 1ND, it is approximately £9-£20 a day to park in these car parks for 9 hours. There is also a park and ride at BN15JD. Details can be found at <http://www.brighton-hove.gov.uk/content/parking-and-travel/parking>

Accommodation

A number of our clients run AirBNB's so please mention Purple Turtle Therapy when booking for the best rates. Please note we are not affiliated with this accommodation and cannot be held responsible for any dealings with them.

AirBNB John and Sue, Hove Double Room <https://www.airbnb.co.uk/rooms/8575752>

AirBNB Kevin & Richard, Brighton Studio flat <https://www.airbnb.co.uk/rooms/15186159>

We look forward to your visit!