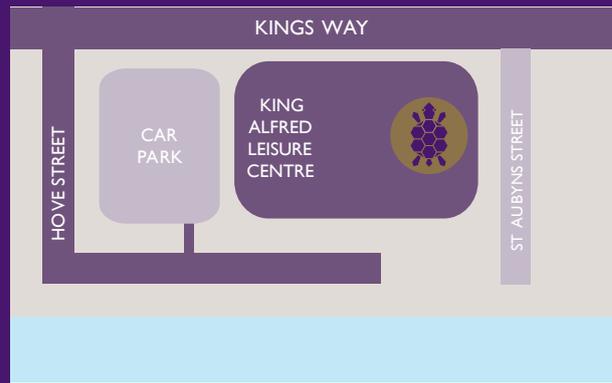




HOW TO FIND US

DIRECTIONS TO OUR
HOVE THERAPY ROOMS



Purple Turtle Therapy is situated on Hove seafront within the King Alfred Leisure Centre. Our Purple Turtle Therapy health suite has three therapy rooms including a relaxation area and talking therapy room. The cosy Therapy rooms are named after Purple Turtle's favourite places in Hove. When you arrive please come straight up to the Purple Turtle Therapy Rooms, through reception, left down the corridor, left into Sports Hall 1 and then turn right through the double doors and go up the stairs. There is a coded door at the top of the stairs, you will be sent the code with your booking confirmation. The Therapy rooms are at the top of the stairs on the right-hand side. There is also a lift for access.

Parking

There is a car park adjacent to the King Alfred Leisure Centre which is a council run pay and display car park between 9am and 6pm, parking is free outside of these hours and the maximum parking time is 4 hours. On street parking is available for those with a N parking permit and there is a number pay and display parking bays in Princes Crescent where you can park all day. For more information on local car parks visit the council website. <http://www.brighton-hove.gov.uk/content/parking-and-travel/parking>

Public transport

The number 700 bus stops outside the venue to and from Brighton and Portsmouth. Buses running along Church Road from Brighton are the number 6, 49 and 1, the bus stops are a 5-minute walk from the venue. The nearest Train station is Hove, from the station walk towards the seafront and when you reach Kingsway turn right and follow the road to the King Alfred Leisure Centre which can be accessed from the west side of the building.

Accommodation

A number of our clients run AirBNB's so please mention Purple Turtle Therapy when booking for the best rates. Please note we are not affiliated with this accommodation and cannot be held responsible for any dealings with them.

AirBNB John and Sue, Hove Double Room <https://www.airbnb.co.uk/rooms/8575752>

AirBNB Kevin & Richard, Brighton Studio flat <https://www.airbnb.co.uk/rooms/15186159>

We look forward to your visit!